

Join us to help raise funds for Blessings in a Backpack Frederick MD! Saturday, June 19th is the annual Frederick Steeplechasers Summer Solstice 8K race. Each year this race benefits Blessings in a Backpack of Frederick County. MVMPCS will be in charge of one water stop this year. Can you help us maintain this stop? As an MVMPCS team we will simply be filling and distributing water to the racers as they pass. Our location is Heritage Farm Park in Walkersville. We need at least 3 volunteers to help from 6:30 to 8:30 **PM** at this location. The volunteers must be high school aged or older, but adults can bring kids to help as well. If interested please sign up for the Heritage Farm Park Water Stop #2 at the link below. There are many other positions available, if you see anything else you can help with feel free to sign up for those as well. If you have any questions please contact Jen Anderson at biabfrederickjanderson@gmail.com

<https://runsignup.com/Race/Volunteer/MD/Walkersville/SummerSolstice8K#volunteerTask-182648>